



Join **LORILEE BELTMAN**

On her 2018 **KNITTING ON A LARK** tour  
To ICELAND and NORWAY

July 31 – August 09, 2018

*Enjoy workshops with Lorilee and informal knit-a-longs as you travel to Reykjavik, Iceland & Bergen, Norway*  
Lorilee has had great fun putting together project bags for you that include materials for completing each of the projects!

*Dear adventurous knitters,*

My richest experiences in the knitting world have come from spending time with our global knitting community. We are a diverse, curious, and interesting bunch! Let's come together, make new friends, and fuel our knitting creativity with the dramatic landscapes and rich textile histories of Iceland and Norway. Let's fuel our bodies with some culinary delights as well!

We are in kind and caring hands. I first met Barbara of Traveling Together on a knitting cruise to Alaska. Impressed with her high level of organization and communication skills, I have so looked forward to collaborating with her on this trip. She has put together quite the itinerary!

Traveling Together and Knitting On A Lark. Play with us! I look forward to meeting you.

*Lorilee Beltman*

**Your tour Itinerary:**

Tues, July 31, 2018

For those of you living in North America, you will need to arrange your flight to depart today, in order to arrive in **REYKJAVIK, ICELAND** on Aug 01.

If you would like to arrive Reykjavik prior to Aug 01, contact Traveling Together regarding accommodations at the Center Hotel Plaza: \$159 per person, double occupancy and \$289 for a single, including taxes & breakfast.

Wed, Aug 01

Once you arrive at **REYKJAVIK AIRPORT (KEF)**, you will make your way to the **CENTER HOTEL PLAZA**. You will find instructions for transferring from the airport to the hotel in the *Additional Information* section at the end of this itinerary.

The Center Hotel Plaza is located on the charming Ingólfstorg Square in Reykjavik's Old Town. There are restaurants, cafés and shops all around, and sights like the National Museum of Iceland, Harpa Concert Hall and Hallgrímskirkja Church are all less than a mile away.

Meet Lorilee and your fellow knitters at this evenings **WELCOME DINNER** at the nearby **SKÝ RESTAURANT**. Located on the 8th floor with breathtaking views over Faxaflói Bay, Harpa Music Hall and Reykjavik harbor makes it the perfect way to start the tour!

Thu, Aug 02

Our first visit this morning will be to the **ÁLAFOSS WOOL STORE**. When Álafoss was established in 1896, it marked the true beginning of Iceland's wool industry. Today, the original factory building houses the Álafoss wool store, in Mosfellsbær. Behind the store, you will find the beautiful Álafoss waterfall and the Varmá River, that both were used to drive the mills of the old factory. This particular Álafoss store offers a great variety of Icelandic knitting yarn. Álafoss lopi, léttlopi, plötulopi unspun yarn, einband, bulky lopi and felting wool, along with knitting kits, pattern books and other knitting supplies you need to complete your knitting projects.

Next stop is the famous **BLUE LAGOON**, a geothermal spa and one of the most visited attractions in Iceland. Be sure to have your bathing suit, as we soak up the scenic beauty and enjoy breathing the clean, fresh air while relaxing in the warm geothermal seawater. You will have time to get lunch at the Blue Café.

Upon our return to the city we will make a stop at **THE PEARL**, a dome-shaped, glass building that was designed by Ingimundur Sveinsson and is supported by six massive hot-water tanks - each with a capacity of 4 million litres. The reason for our stop is the observation platform that offers panoramic views of the city and its surroundings.

The last stop today will be **HALLGRIMSKIRKJA**. This church is both a parish church and a national sanctuary in Iceland that stands guard over Reykjavík. Its stepped concrete facade is an ode to modernism and a reminder of the Icelandic landscape. The church is named after the 17th-century clergyman Hallgrímur Pétursson, author of Hymns of the Passion. Hallgrímskirkja is an Evangelical-Lutheran church and is a part of the Evangelical-Lutheran Church of Iceland. Time permitting, we will spend some quiet time knitting before returning to our hotel.

#### Fri, Aug 03

We will spend most of the day enjoying Iceland's Golden Circle after making a morning visit to **THINGBORG WOOL CENTER**. Founded in the early 1990's by a group of women with a common interest in natural fibers, the center now serves as a combination workspace, school and shop. The members of the collective produce and sell their own spectacular slivers, batts, and hand-spun yarns made from carefully selected Icelandic fleeces that are gently handled (no industrial scouring) and naturally dyed.

**THE GOLDEN CIRCLE** is a circular route which encompasses many of Iceland's most famous landmarks and scenic natural wonders for which Iceland is justly renowned. The highlights of today's tour includes Gullfoss, the "Golden Falls", a mighty two-tier waterfall in a chasm on the river Hvita, and the geothermal fields of Geysir, where the spouting spring Strokkur spews boiling water and steam approximately every five minutes. In addition to our lunch stop there will be some craft shops along the way.

#### Sat, Aug 04

**LORILEE** is known for her patience in the classroom and her ability to communicate new skills clearly and kindly. Her students are curious knitters who want to improve their confidence and broaden their techniques repertoire. For ten years Lorilee has conducted classes at national events. She also teaches online classes at Interweave and Craftsy, where her class "Knit Faster with Continental Knitting" has been a best-seller. (She promises, however, that she loves all knitting styles!) Her designs and articles have been published in numerous books and magazines. You can read her techniques column "...try this" at [www.Knitty.com](http://www.Knitty.com)

Lorilee grew up in Pittsburgh, spent thirty years in west Michigan, and now calls Seattle home. Tent-camping with her husband and boys has brought her to over twenty National Parks where she likes to find beautiful places to sit and knit a while.

You can find Lorilee at [lorileebeltman.com](http://lorileebeltman.com) and on Facebook at <https://www.facebook.com/LorileeBeltmanKnittingEnabler/>



***Two knitting projects await you. We will devote our class time to techniques used in these projects.***



**MORNING WORKSHOP**..... Lorilee can't imagine traveling to Iceland without casting on some Lopi. We will learn the basics of the yoked Icelandic Lopi sweater by making a toy-sized version worn by an Icelandic fox. Techniques covered are two-handed stranded color work, bottom-up sweater construction, and some skills for making the fox who wears this handsome little sweater. Students should know already how to work in the round. (*Materials and supply list information may be found at the end of this itinerary.*)

Right after class we have a special guest coming to the hotel, so be sure to have some Icelandic Krona with you this morning! Botanist and artisan **GUÐRÚN BJARNADÓTTIR (HESPA)** will be offering laceweight Icelandic wool hand-dyed at her studio with Icelandic plants and old Icelandic methods. She also offers unique hand-spun yarn from hand-selected and gently processed Icelandic fleeces.

You'll have the afternoon and evening to **EXPLORE REYKJAVIK** on your own. At the Culture House you can examine the preserved medieval saga manuscripts, visit the National Museum of Iceland, stroll along the Old Harbor, or shop at the many knit-wear and novelty shops in close proximity to our hotel. The nearby Kolaportið is the biggest flea market in Iceland and will be open today until 5pm.

#### Sun, Aug 05

We depart Reykjavik early this morning for the flight to **BERGEN, NORWAY**, known as the gateway to Norway's fjords. Bryggen is the world-famous waterfront in Bergen and has been on Unesco's World Heritage List since 1980. From the ancient and scenic wooden buildings and alleyways of Bryggen to the colorful open fish market, this area of Bergen is exciting, picturesque and has a multitude of sweater shops! Our hotel for the next four nights is the **RADISSON BLU ROYAL**, located in the heart of Bryggen and adjacent to the Bryggen Museum and St. Mary's Church.

**AFTERNOON WORKSHOP** ..... Selbu mittens have become a symbol of Norway. This traditional technique uses two highly contrasting colors, often black and white. We will work from a pattern with options so you can make it your own. Choose from traditional or non-traditional colors. We will learn some history, two-handed color work at a fine gauge, and a gusseted after-thought thumb with the teacher's own method for inserting it in such a way that the palm pattern flows uninterrupted onto the thumb. This is a fun and rewarding project. *(Materials and supply list information may be found at the end of this itinerary.)*



There will be a **GROUP DINNER** this evening at our hotel.

#### Mon, Aug 06

We depart Bergen this morning for visits to Oleana and Hillesvag Ullvarefabrikk

**OLEANA** is an exquisite line of Norwegian women's luxury knitwear crafted from natural fibers of merino wool, silk, cashmere and alpaca—all made in Norway. Now housed in the first and oldest textile mill on the fjord, Oleana has recently opened its doors to show how it looks when Norway's youngest textile factory moves to one of the oldest ones. Our visit this morning begins with a lecture about the Norwegian knitting history and Oleana's design philosophy, followed by a tour of their factory where they do all the knitting, linking and sewing. If her schedule permits, we will have the opportunity to meet Oleana's award winning designer, Solveig Hisdal. There will be time for shopping in their outlet store!

This afternoon we drive to Hjelmås for a visit to **HILLESVÅG ULLVAREFABRIKK**, a family owned wool spinning mill founded in 1898. It has been in the same family for four generations and is situated on the north side of the Oster fjord, about 35 km north of Bergen. The tour will take us through the entire process of when the wool enters the mill to the finished product with some of the machines being over 100 years old. The yarns they produce are for hand and machine knitting, hand weaving and crocheting, and carded wool for felt making and are available in a wide range of qualities and colors. There will be time to purchase your products directly from their mill shop!

Bergen earned the UNESCO title City of Gastronomy in 2016, so it won't be difficult finding a good restaurant for dinner!

#### Tue, Aug 07

This morning you will have the opportunity to experience fjords, mountains and stunning waterfalls on a **FJORD CRUISE** from Bergen to Mostraumen. As the boat departs from the nearby Zachariasbryggen you will have a good view of the famous Bryggen, along with the rest of Bergen's harbor basin. Once we reach the Nordhordaland Bridge and the Osterfjord and sail towards Mostraumen, the fjord narrows and we'll be surrounded by steep mountains. In addition to sailing past several waterfalls, there is an abundance of wildlife in the area, and seals, goats and eagles are often sighted!

The remainder of the day and evening will be free to see more of Bergen and if the weather is good, this might be the perfect time to experience The Fløibanen funicular, one of Norway's best-known attractions. Not far from where you disembark the cruise, it's only a 10-minute walk to the lower station from where the cruise ships dock. The journey up to Fløyen (320 m above sea level) takes about 5–8 minutes and once you are at the top you can enjoy fantastic views of Bergen and the surrounding area.

#### Wed, Aug 08

You will have the **ENTIRE DAY TO EXPLORE** this charming city. A stroll through the back streets of Bryggen brings you back to the Middle Ages, as a lot of the architecture is preserved or restored to its original glory. Several museums, like the Hanseatic Museum, Bryggens Museum and the Theta Museum provides a deeper sense of the history of Bryggen and what it has meant for the people of Bergen and Norway as a nation. Check at the Tourist Office if you would like to take a tour to visit composer Edvard Grieg's home at Trolldhaugen.

There is plenty of shopping with unique niche stores offering products you won't find anywhere else in the world, an all-year Christmas shop and an abundance of knitwear stores! You won't want to miss Bryggen Husflid. This store has Norway's largest selection of hand-knitted sweaters made in Norway. In addition to their own hand-knits, they also carry sweaters from other well-known brands such as Dale of Norway, Vrikke, Norlender, Gjestal, Viking of Norway, woolen jackets from Lillunn, blankets from Røros Tweed, Royal Pewter, trolls, souvenirs and more.

However you decide to spend your day, you will want to be back to the hotel in time for our **FAREWELL DINNER**.

#### Thu, Aug 09

Options for getting to **BERGEN AIRPORT (BGO)** are listed below, so you can arrange for your flight home to depart at any time today. Your tour escort will help you arrange shared rides if there are others with flights departing around the same time of day.

**(SEE BELOW)**

**Book early....space is limited!**

**Included in your 10-day tour:**

- \*Hotels
- \*Breakfast each morning
- \*3 Dinners, as noted in the itinerary
- \*Land travel by private motorcoach
- \*Luggage handling at hotels when arriving or departing  
as a group, where available
- \*Reykjavik to Bergen flight
- \*Fjord cruise
- \*Group tours & activities
- \*Visits & presentations with yarn companies
- \*Workshops and project bags with materials
- \*Hosted by LORILEE BELTMAN**
- \*Escorted by a professional tour leader
- \*Yarn shopping and more!

**Tour Price:**

\$ 4,142 per person, double occupancy

\$ 962 single supplement

Not included in your tour price: Air from your home airport to Reykjavik, Iceland and Bergen, Norway back to your home airport. Due to a possible increase in the cost of airline fuel surcharges and airline taxes for our flight from Reykjavik to Bergen, the tour participant is responsible for these increases.

**ADDITIONAL INFORMATION:**

Be sure to read all 2018 TOUR TERMS AND CONDITIONS  
prior to signing and sending in your registration

If you would like to arrive Reykjavik prior to Aug 01, contact Traveling Together regarding accommodations at the Center Hotel Plaza: \$159 per person, double occupancy and \$289 for a single, including taxes & breakfast.

**Transfers in Reykjavik and Bergen:**

**Reykjavik Airport to the Center Hotel Plaza** ~ As of June 2017

This is an approximate 45 minute taxi ride and the fare can be as high as \$150, so we recommend one of the buses from the airport for approximately \$30-36 and it takes you to the hotel. The websites for these buses will be provided, closer to the time of the tour.

**Radisson Blu Royal to Bergen Airport**

Bergen Airport Bus departs from our hotel and as of June, 2017 the cost is approximately \$15  
Taxi fare can be \$40 and higher, depending on traffic.

***Our tours are best experienced by walking.*** Please be sure to read over our Terms and Conditions and then if you have any questions about your ability to join the tour, please give our office a call and we will be happy to discuss this with you, in more detail.

**Once you have booked your trip, you will be notified when it is time to make your air arrangements.**

If at that time you would like assistance with your air travel, please call Northwood Travel at 800-780-0571 or email them at [info@NorthwoodTravel.com](mailto:info@NorthwoodTravel.com) Please note: This email address and phone number is for making air arrangements, **only**.

We require that all travelers departing the U.S. be in possession of a **CURRENT PASSPORT**  
**that does not expire until at least 6 months from the date of your scheduled return to the U.S.**

**TO REGISTER:**

\*\*If Traveling Together is bookmarked in your favorites, please refresh the links for any updates.

Please be sure to print and read the current Tour Terms & Conditions  
Print and mail in the completed current Registration Form along with your deposit.

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**SEE BELOW FOR WORKSHOP MATERIALS INFORMATION**



### **WORKSHOP MATERIALS PROVIDED**

Lorilee had great fun putting together project bags for you. Included in the cost of the trip are materials for completing each of the two projects. They include:

#### ***For Iceland, your project sack includes:***

Lopi Lettlopi; 100% wool. Students will select from a plethora of colors. Color selection is part of the planned learning.  
Special markers  
Tapestry needles and measure  
Pattern designed specifically for this adventure

#### ***For Norway, your project sack includes:***

The Plucky Knitter Oxford. 50 grams of each of two colors. This fingering weight yarn is Lorilee's favorite for color work. It has enough "grab" to be appropriate, and is made from a luxury blend of wool and cashmere. Students will choose from a variety of colors, traditional and not.  
Tapestry needle and measure  
Pattern provided offers choices of traditional cuff, hand, palm, and thumb patterns.

### ***MATERIALS STUDENTS MUST BRING***

Bring a project or two of your own to work on.

Needles. For class projects, bring your choice of needles for working in the round on circumferences between two inches and eight inches. Double pointed needles, two circular needles, or magic loop knitting on a 32-inch long circular will all work equally well. Please choose the method that you are already most comfortable using. Lorilee can help you when you are stuck, but will not likely have time to devote to a class on knitting in the round. For the Lopi fox bring US 5 (3.75 mm) or US 6 (4.0 mm). For the Selbu mittens, bring US 1 (2.5 mm) or US 2 (3.0 mm). If unsure, bring a range of needles for swatching. Lorilee is a somewhat loose knitter and used 5s and 1s with the magic loop method.  
(You will stuff the fox at home.)